

The following Bill of Rights was developed by the San Francisco Partnership for Incarcerated Parents(SFPIP).

Bill of Rights for
Children
of the Incarcerated

1. I have the right to be kept safe and informed at the time of my parent's arrest.
2. I have the right to be heard when decisions are made about me.
3. I have the right to be considered when decisions are made about my parent.
4. I have the right to be well-cared for in my parent's absence.
5. I have the right to speak with, see, and touch my parent.
6. I have the right to support as I face my parent's incarceration.
7. I have the right not to be judged, blamed, or labeled because of my parent's incarceration.
8. I have the right to a lifelong relationship with my parent.

Special Thanks to
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Turning Tides Counseling
who's compassion warmth
and experience helped us
create a vision for this group.
We also had support from
Families Etc, AmeriCorp, Family Services
& Big Brothers & Sisters
Their spirit of giving has helped
Jail Brakers become a reality.

For more information on
The Jail Brakers Group
Contact the Unitarian Church
221 Dean St. Woodstock, Il.
815-338-0731
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Jail Brakers



Jail Brakers



Stopping the Sadness
Stopping the Cycle

Together we will address the stigma that perpetuates the fear, shame and isolation surrounding incarceration.




The Invisible Children

Often children suffering from the loss of a loved one to incarceration are referred to as the invisible population. Their needs are not seen because of the silence and stigma surrounding this issue. A child who is grieving may be viewed as having attention or behavioral issues and is likely to be misdiagnosed. The opportunity to help a child may be missed.



*Stopping the Sadness
Stopping the Cycle*


Without support and services for these children, they may be at risk of repeating the behavior of their parents, creating an intergenerational cycle of crime and incarceration. Providing support to children and families who have been affected by incarceration can help reduce recidivism.



Mission

Our mission is to raise awareness about the needs and concerns of the children and families who have been affected by incarceration. Jail Brakers will provide opportunities that will give these children and families a voice and a place to be listened to with respect and compassion. Together we will address the stigma that perpetuates the fear, shame and isolation surrounding incarceration then we can begin to cultivate hope.

Purpose

- Uphold the values and needs of children and families who have been affected by incarceration.
 - Help children and families develop and maintain a strong family identity
 - Provide a safe environment for children and loved ones to express their feelings and needs
 - Develop empowerment, support and community connections for these families
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Program

Jail Brakers is a support group that provides a safe place for children and families to express their emotional reaction to the separation from a family member who has been incarcerated. We embrace a holistic approach to healing and everyone is welcome and treated with respect. Each group meets for twelve weeks. Sessions begin with circle time where members share stories that build confidence and trust. A community dinner is provided to foster friendship and natural supports and is followed with an activity. Activities are experiential, expressive and creative and are designed to build cohesion and connectedness to reduce isolation.



Jail Brakers support groups
meet at the
Congregational Unitarian Church
221 Dean St., Woodstock, IL.
815-338-0731
E-mail – jailbrakers@gmail.com

